

STUDENT EXCHANGE PROGRAMME (SEP)
Information for Students on Exchange

University	University of Tokyo
Country	Japan
Academic Calendar	Spring Semester: April to September Autumn Semester: October to March
Exchange Duration	One semester
Language Proficiency Requirement	<p>For English*: A minimum TOEFL iBT score of 90, IELTS overall band score of 6.5, Cambridge English Qualifications “C1 Advanced”, or Duolingo English Test (DET) score of 120</p> <p>*TOEFL iBT Home Edition, IELTS Indicator/Online/ One Skill Retake are accepted. *TOEFL iBT “MyBest scores” is not accepted. *TOEFL iBT, IELTS and DET scores are valid only if dated within two years of the USTEP application deadline.</p> <p>or</p> <p>Attend a university or have graduated from a high school where the medium of instruction is English</p> <p>*Applicants must submit proof that certifies that the degree program they belong to is taught entirely in English, unless they attend a university in an English-speaking country or their first language is English. (Applicants whose first language is English are considered to meet this requirement if they have graduated from a high school where the medium of instruction is English).</p> <p>For Japanese**: JLPT Level N1</p> <p>or</p> <p>Have graduated from a high school where the medium of instruction is Japanese</p>
Course Information	<p>Type U (undergraduate) students are required to register for a minimum of six classes per week, equating to at least 10 hours of class time. However, they may take the graduate-level courses for undergraduate students listed on the Type U course catalogue.</p> <p>These courses refer to subjects offered at the graduate level by the Faculty/College that UTokyo undergraduate students are affiliated with. They differ from regular graduate courses offered by each Graduate School for graduate students.</p> <p>Type U students are allowed to take up to two Japanese language class sessions (periods) per week. Students who wish to take three Japanese language class sessions (periods) per week must get special permission by</p>

STUDENT EXCHANGE PROGRAMME (SEP)

	<p>including a document filled out by their home university in the application process.</p> <p>*A course offered twice a week counts as two classes. There are no restrictions on non-credit-bearing Japanese language programs.</p> <p>The regular semester workload for full- time undergraduate students as determined by the Office of the Provost is 15.5. Credits earned at the host university may not be directly equivalent to NUS credits and you can refer to the SEP Credit Transfer Calculator for information on units exchange ratio at the host university. Please note that the actual number of credits earned is subject to the units exchange ratio at the point of credit transfer.</p>								
Accommodation	<p>Exchange students may apply for university housing. However, because of the limited number of facilities, housing cannot be guaranteed. The International Education Promotion Group at UTokyo will contact students with details about housing application after their admission is granted.</p> <p>https://www.u-tokyo.ac.jp/en/prospective-students/housing.html</p>								
Visa	<p>Exchange students will require a ‘Student’ visa. Students should apply for the Student Visa at a Japanese diplomatic mission (embassy or consulate) in your country of residence.</p> <p>Certificate of Eligibility (COE) application: the Japan Pre-Entry Tuberculosis Screening (JPETS):</p> <p>Applicants who hold the nationality of designated countries must submit a Tuberculosis (TB) Clearance Certificate along with their COE application documents to verify that they are not infected with TB.</p> <p>For further details, please refer to the official website of the Ministry of Health, Labour and Welfare (MHLW).</p> <p>【Who Must Undergo JPETS】</p> <p>Applicants who are nationals of MHLW-designated countries.</p> <table border="1"> <tr> <th>TB screening target country</th><th>Starting date of the submission of “TB Clearance Certificate”</th></tr> <tr> <td>Philippines, Nepal</td><td>From June 23, 2025</td></tr> <tr> <td>Vietnam</td><td>From September 1, 2025</td></tr> <tr> <td>Indonesia / Myanmar / China</td><td>To be decided</td></tr> </table> <p>For 2026 Spring semester, applicants who hold nationality of the Philippines, Nepal, or Vietnam must undergo JPETS.</p> <p>【Exceptions】</p>	TB screening target country	Starting date of the submission of “TB Clearance Certificate”	Philippines, Nepal	From June 23, 2025	Vietnam	From September 1, 2025	Indonesia / Myanmar / China	To be decided
TB screening target country	Starting date of the submission of “TB Clearance Certificate”								
Philippines, Nepal	From June 23, 2025								
Vietnam	From September 1, 2025								
Indonesia / Myanmar / China	To be decided								

STUDENT EXCHANGE PROGRAMME (SEP)

	<p>Applicants who hold the nationality of a designated country but currently reside in a different country will be exempt from JPETS if they submit the following two documents:</p> <ul style="list-style-type: none"> • A copy of residence permit or other document proving their current country of residence. • Residence Permit (Please download the document from here and fill in the necessary information.) <p>【Required Procedures】</p> <ul style="list-style-type: none"> - Please undergo TB screening at a designated panel clinic and obtain a "TB Clearance Certificate". - Please submit the certificate as an additional document for your COE application. <p>【Important Notes】</p> <ul style="list-style-type: none"> - Please ensure that the TB screening is conducted within an appropriate timeframe. <p>Certificates are generally valid for 180 days, and early testing may result in expiration before the COE application is processed.</p> <p>For reference, COE applications are typically submitted in December for the Spring semester and in June for the Fall semester, in accordance with the requirement that students must enter Japan within three months of COE issuance.</p> <ul style="list-style-type: none"> - Applicants from Indonesia, Myanmar, and China are not currently required to undergo JPETS. However, this requirement is expected to be implemented in the future. - This information is as of August 21, 2025. For the latest updates, please refer to MHLW's website.
<p>Insurance</p>	<p>All full-time NUS students are covered under the university's Student Group Personal Accident & Medical Insurance and the Student Travel Insurance. For more information on the university medical insurance, please refer to https://myportal.nus.edu.sg/studentportal/student-insurance/all/.</p> <p>It is compulsory for exchange students in Japan to join the National Health Insurance program. The insurance fee is around 1,500 JPY each month and you will only need to pay 30% of the medical costs when seeing doctors.</p> <p>It is recommended that you purchase a comprehensive travel insurance for the full duration of your stay abroad, including your personal travel within Japan. Please review your insurance coverages to ensure that they meet your needs. Students are strongly encouraged to access the risk of their intended activities and purchase supplemental insurance plans to ensure they are adequately covered during their time abroad.</p>

STUDENT EXCHANGE PROGRAMME (SEP)

Useful Links

Student Exchange Information: <https://www.u-tokyo.ac.jp/en/academics/ustep-type-u.html>

Course Information and Restrictions: <https://catalog.he.u-tokyo.ac.jp/ustep-index>