

DR DENIS NYAM
Consultant Colorectal & General Surgeon
MBBS (Singapore), Master Medicine (Surgery),
FRCS (Ed), FRCS (Glasg), FICS (USA), FAMS (General Surgery),
Fellowship in Colon & Rectal Surgery (Mayo Clinic, USA)

Dr Denis Nyam was born in 1962 in Seremban, Malaysia. He was awarded the Public Service Commission Scholarships Award to pursue a course in Medicine at the National University of Singapore, graduating in 1986. He was awarded another scholarship by the Ministry of Health for the part one of the Fellowship of the Royal Australasian College of Surgeons in 1988. He then passed the Fellowship Examinations of both the Royal College of Surgeons of Edinburgh and the Royal College of Physicians and Surgeons of Glasgow and was entered as a fellow into both the colleges in 1990. He was awarded a scholarship by the National University Hospital for the Master of Medicine in Surgery examination in 1991.

He completed his general surgical training at the National University Hospital and was awarded an exchange program with the Royal infirmary of Edinburgh where he worked as a senior registrar (1992-1993). After returning to Singapore for two years, he was awarded a HMDP scholarship by the Ministry of Health, to pursue a fellowship in colon and rectal surgery at the prestigious Mayo Clinic in Rochester USA. He developed interests in surgery for colorectal cancer especially recurrent rectal cancers, colonoscopy, the ileal-pouch anal anastomosis, and anorectal physiology especially dealing with fecal incontinence, surgery for constipation and the physiology of the anal sphincters and the reconstruction of neoanus from the graciloplasty and artificial bowel sphincter.

Upon his return to Singapore, Dr Nyam practiced at the Singapore General Hospital as a consultant surgeon and was the director of laboratory surgery. His interest included the development of a new or artificial anus, animal models in colorectal cancer, developing immortal cell lines in colorectal cancer and gene therapy. He was also the director of the basic surgical and advanced surgical courses for surgical residents in the hospital.

He has presented in more than a hundred meetings, symposiums and congresses. He was awarded the best scientific paper at the Italian National Congress of Coloproctology in 1996. He published more than 100 articles in various journals and magazines as well as contributed 8 book chapters. He is a member of 13 learned societies and was on the editorial board of the Singapore Medical Journal. He is an honorary life member of the Indian Association of Coloproctology and gave the 2000 Harry Bacon Oration. He is appointed as a visiting Consultant Surgeon to the National Cancer Centre of Singapore. He was also a visiting Consultant Surgeon to Jichi Medical

School in Japan. He is also an honorary consultant to Tianjin Hospital in China and a Professor of Surgery at the Vladivostok State University. He sits on the board of Directors of the Mayo Alumni Association and is currently the President of the Singapore Mayo Alumni. For his work in coloproctology, he is cited in the 2001 International Biography of Achievers. He was also awarded and cited in the Marquis Who's Who in the World 2000-Millennium Edition. He is on the Singapore Tatler's "Top 300 persons list".

He is married with two children both girls. His past time included playing volleyball, tennis and golf. He has represented his university and received university colors for the volleyball in 1984 and represented Singapore in the sport. While on training in US, he managed to squeeze in some time to play volleyball on the professional circuit part time. He is also active in healthcare missions in the region having lead teams to Cambodia, North Thailand and Vietnam. He also works as a volunteer doctor at the Methodist Home for the Aged Sick in Singapore. In addition, he also volunteers as a visiting consultant and sits on the MPAC of the Dover Park Hospice in Singapore.

Dr Nyam is now a consultant colorectal and general surgeon in private practice at Mount Elizabeth Centre. He now divides his time between his practice, his family and some voluntary welfare work including being the Deputy Chief Commissioner of the St John Ambulance Brigade of Singapore, Community Services Director of the Rotary Club of Garden City, the Methodist Missions Society, and the membership chair of Entrepreneur Organisation, Singapore.