

APPENDIX A. Approaches to Learning and Studying Inventory (ALSI)

Consider your studies as a whole. To what extent do you agree/disagree that the following statements describe you as a student?

Sub-scale	Item	Strongly Disagree	Somewhat Disagree	Neutral	Somewhat Agree	Strongly Agree
Surface	(1) I often have trouble making sense of the things I have to learn	1	2	3	4	5
Organised	(2) I put a lot of effort into my studying	1	2	3	4	5
Surface	(3) Much of what I've learned seems no more than unrelated bits and pieces	1	2	3	4	5
Organised	(4) On the whole, I've been systematic and organised in my studying	1	2	3	4	5
Deep	(5) Ideas and perspectives, I've come across while I'm studying make me contemplate them from all sides	1	2	3	4	5
Deep	(6) I look at evidence carefully to reach my own conclusion about what I'm studying	1	2	3	4	5
Surface	(7) I am unable to understand the topics I need to learn because they are so complicated	1	2	3	4	5
Organised	(8) I organise my study time carefully to make the best use of it	1	2	3	4	5
Surface	(9) Often I have to repeat things in order to learn them	1	2	3	4	5
Organised	(10) I carefully prioritise my time to make sure I can fit everything in	1	2	3	4	5
Deep	(11) I try to relate new material to my previous knowledge	1	2	3	4	5
Deep	(12) I try to relate what I have learned in one course to what I learn in other courses	1	2	3	4	5