

# SEP Cheat Sheet

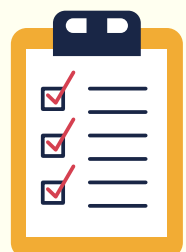
As shared by your seniors in 2020

# Canada



## ACADEMICS

### module & timetable planning



Prepare a list of backup modules. Modules may be cancelled due to low enrollment rate.



Check where the module you are interested in is offered. Universities can have many campuses which could be far apart, and you might not have access to the modules in the other campuses.



Unlike NUS, not all universities end classes early to provide travel time for students. Consider time needed to travel between back-to-back classes, especially in winter conditions.

## LIVING OVERSEAS

### Housing & accommodation



You can try to secure off-campus housing offered by other international students or local landlords by browsing listings on Craigslist or Facebook groups



Consider your exchange goals when deciding on your preferred type of accommodation



On-campus accommodation provides more opportunities to interact with international & local students, & offers meal plans



Off-campus housing is likely to be cheaper if you plan to live & travel with friends

## PRE-TRIP

### packing



Pack appropriate footwear (with deep grooves) designed for walking in winter conditions



Vacuum pack winter clothing to save luggage space



Use a luggage with sturdy wheels to allow ease of movement on ice and snow-covered ground



Bring your own local ingredients for a taste of home; Southeast Asian spices & pastes are not commonly sold in Asian supermarkets in Canada

## GENERAL TIPS

### Make the most of your exchange



Schedule sleep time during the flight according to the time zone of your destination to minimise jet lag



Research the tipping culture (for different services) when visiting other cities



Check if you need additional travel documents (e.g. a visa) if you intend to travel out of Canada



Keep an open mind and immerse yourself in Canadian culture; try Tim Hortons at least once!

**\*Pro tip:** Download the International SOS app for the latest updates on safety and travel in your host country. For more useful tips, refer to the [SEP General Cheat Sheet](#).



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