

STUDENT EXCHANGE PROGRAMME (SEP)

Information for Students on Exchange

<p><b>A. University</b></p>	<p><b>Stockholm University</b></p> <p><a href="http://www.su.se/english/">http://www.su.se/english/</a></p>
<p><b>B. Country</b></p>	<p>Sweden</p>
<p><b>C. Academics</b></p>	
<p><b>i) Course Mapping &amp; Credits Transfer</b></p>	<p>Please ensure that your Study Plan is approved by the academics at your home faculty before the exchange. You can check with the SEP Coordinator in the Dean's Office of your home faculty.</p> <p>Courses approved in the past might not be offered by the host university or approved by your faculty when it is time for your exchange. Please check the latest course offerings at the host universities while you are preparing your Study Plan.</p>
<p><b>ii) Academic Calendar</b></p>	<p><b>Semester 1:</b> End August to January <b>Semester 2:</b> January to June</p> <p><a href="https://www.su.se/english/education/student-support/term-dates">https://www.su.se/english/education/student-support/term-dates</a></p>
<p><b>iii) Exchange Duration</b></p>	<p>One semester.</p> <p>For more information about the exchange programme, please refer to <a href="https://www.su.se/english/education/exchange-students">https://www.su.se/english/education/exchange-students</a>.</p>
<p><b>iv) Examination</b></p>	<p>Examinations are arranged throughout the year with no fixed examination periods. Students are expected to attend the mandatory examination at the host university.</p>
<p><b>v) Curriculum Structure</b></p>	<p>Full-time studies are equivalent to 30 ECTS credits per term/semester (i.e. 4 courses of 7,5 credits each or 2 courses of 15 credits each). Besides higher level courses that may form part of a degree, it is possible to take a Swedish course for beginners at Stockholm University. Exchange students may register for 30 ECTS credits plus Swedish language courses.</p> <p>Swedish language courses on different levels are offered for free by the Department of Swedish Language and Multilingualism to all incoming exchange students. Information about the language courses is available at <a href="http://www.su.se/studyswedish">http://www.su.se/studyswedish</a>.</p> <p>Teaching takes different forms: lectures, seminars, group work, laboratory work, independent study, etc.</p>

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	<p>Examinations seldom require that students merely reproduce the material presented during lectures. A common method is a take-home examination. This is an open book, open note examination in the form of a paper or an essay. There will usually be a number of questions and the examiners will specify in advance whether the essay requires full footnoting and bibliographic sections.</p> <p>Also written “sit-down” examinations are common, and these mostly take place at the very end of each course. Continuous assessment is used in some courses and may be based on compulsory attendance as well as participation in seminars arranged throughout the course.</p> <p>Sometimes you must sign up for each examination in advance on the university’s student web pages. Always check the regulations for each examination.</p> <p>For more information on courses, please refer to: <a href="http://www.su.se/coursecatalogue">http://www.su.se/coursecatalogue</a>.</p> <p>Additional courses may also be found on each department's website: <a href="http://www.su.se/english/departments">http://www.su.se/english/departments</a>.</p>
<p><b>vi) Entry Requirements</b></p>	<p>A minimum GPA of 3.0 out of 5.0 with no grade below C.</p>
<p><b>vii) Language Proficiency Requirements</b></p>	<p>The medium of instruction for classes is Swedish. However, English-taught courses are available.</p> <p>It is recommended that the student’s level of English language proficiency is equivalent to IELTS 6.0 overall with at least 5.5 in each of the four components. Please note that no results from TOEFL ITP tests will be accepted.</p>
<p><b>viii) Faculties &amp; Schools Accepting Exchange Students</b></p>	<ul style="list-style-type: none"> <li>• Faculty of Humanities</li> <li>• Faculty of Social Sciences (excluding School of Business)</li> <li>• Faculty of Science</li> </ul> <p>Please note that the following departments are very popular and have limited vacancies. Students should thus be flexible in their course selection.</p> <ul style="list-style-type: none"> <li>• Department of Sociology</li> <li>• Department of Biochemistry and Biophysics (DBB)</li> <li>• Department of Environmental Science and Analytical Chemistry (ACES)</li> </ul>
<p><b>ix) Course restrictions</b></p>	<p>Please note that for most courses there are special eligibility requirements which are determined by the departments. Students may choose any course in the study area named in the agreement, provided that they meet</p>

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<p><b>and pre-requisites</b></p>	<p>the prerequisites specified for each course. It is important that the home university approves the courses students plan to take at Stockholm University. Students should choose courses together with the department at the home university and the department at Stockholm University.</p>
<p><b>D. Application</b></p>	
<p><b>i) Procedures</b></p>	<p>Students can apply for SEP one year in advance through their home faculty in NUS. Please look out for your faculty's announcement regarding the application period.</p> <p>Once you have been selected by your home faculty for SEP, your faculty will contact you and provide information regarding application with your host university. Please prepare the necessary documents before the start of the application period at your host university.</p>
<p><b>ii) Deadlines</b></p>	<p>All NUS students must abide by the internal application deadline set by their home faculty for exchange participation in the following academic year. After clearing the internal application and selection process, students have to take note of the application deadline set by the host university.</p> <p>Failure to submit a formal application to the host university will result your exchange being forfeited even if you have been selected by NUS for the exchange.</p>
<p><b>E. Accommodations</b></p>	
<p><b>i) University Accommodation</b></p>	<p>As a special service Stockholm University tries to assist students from partner universities with accommodation. Stockholm University does not own any student dormitories and does not normally organise accommodation for students. A special exception is made for exchange students from universities with which Stockholm University has a signed co-operation agreement.</p> <p>The Housing Office at the International Exchange Unit manages a limited number of rooms in Stockholm. Unfortunately, due to the high demand and shortage of accommodation in Stockholm, it cannot guarantee accommodation for every exchange student.</p> <p>In order to be able to apply for housing you need to be an exchange student. Exchange students apply for accommodation on the general registration form or via the on-line application form for exchange students.</p> <p>For more information on accommodation, please refer to: <a href="https://www.su.se/english/education/student-life/housing-for-">https://www.su.se/english/education/student-life/housing-for-</a></p>

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	<a href="#">international-students/housing-application-international-exchange-students-1.445116</a>
<p><b>F. Visa</b></p>	
<p><b>Consular/Visa Regulation</b></p>	<p>Students from outside the EU/EEA must apply for a residence permit at the Swedish Embassy/Consulate in their country of residence, directly after receiving the headed admissions letter from Stockholm University.</p> <p>Applications for a residence permit can under no circumstances be submitted after entering Sweden. Students are strongly advised to apply as soon as they receive their Letter of Acceptance, since it may take up to three months to get the documentation finalised.</p> <p>The following documents are required:</p> <ul style="list-style-type: none"> <li>• A copy of a valid passport or ID-card</li> <li>• Letter of admission from Stockholm University stating the duration of studies</li> <li>• Proof that you can support yourself during your stay in Sweden (i.e. a bank statement in your name); the applicable minimum amount per month of stay is stipulated at the <a href="#">Swedish Migration Board website</a></li> <li>• A valid health insurance, if the duration of the programme is one year or less.</li> </ul> <p>All students are advised to apply for the necessary visa immediately after they received the official offer letter/email from their host university.</p> <p>Some visa application process could take up to 3 months to process. Your exchange at the host university depends on the clearance by the immigration of the host country.</p> <p>For more information about visa, please refer to <a href="https://www.migrationsverket.se/English/Private-individuals/Studying-in-Sweden.html">https://www.migrationsverket.se/English/Private-individuals/Studying-in-Sweden.html</a></p> <p><i>*From <b>1 November 2022</b>, applicants for a permit to study or conduct research in Sweden must personally show their passport before the Swedish Migration Agency can make a decision. Please visit <a href="https://www.migrationsverket.se/English/Private-individuals/Studying-in-Sweden/Nyhetsarkiv/2022-10-10-The-Swedish-Migration-Agency-is-introducing-new-rules-for-better-passport-check.html">https://www.migrationsverket.se/English/Private-individuals/Studying-in-Sweden/Nyhetsarkiv/2022-10-10-The-Swedish-Migration-Agency-is-introducing-new-rules-for-better-passport-check.html</a> for more information.</i></p> <p>For further visa or residence permit assistance, please contact the <a href="#">Swedish Migration Agency</a>.</p>

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**G. Safety, Health & Medical Insurance**

**i) Health/Medical Insurance**

All registered NUS students are covered under the university health insurance and the blanket travel insurance. For more information on the university health insurance coverage, please refer to <https://nus.edu.sg/uhc/general-health/billing-insurance/insurance-matters#student>

For more information on the blanket travel insurance, please refer to 'Insurance Cover for Official NUS Trips' here: <https://myportal.nus.edu.sg/studentportal/student-insurance/all/>

All exchange students from universities with which Stockholm University has a formal exchange agreement are covered by the Swedish State Insurance for Foreign Students in Sweden (Student IN).

This coverage is restricted to your study period at Stockholm University and extends only to claims arising while you are physically present in the country of Sweden. The insurance applies 24-hours a day and includes:

- Disability and death payment
- Home transport cover
- Liability cover
- Legal expenses cover

Stockholm University strongly recommends students to have a complete insurance cover to avoid extreme costs that might occur. Carefully consider which level of insurance you need and pay particular attention to the coverage's restrictions and exclusions.

For more information on health and medical insurance, please refer to <https://www.kammarkollegiet.se/engelska/start/all-services/insurance-for-foreign-visitors/student-insurance/exchange-students-in-sweden>

Please review the insurance coverage to ensure that they meet your needs. Students can purchase additional health and/or travel insurance from their preferred agent.

**ii) Emergency Number at host university**

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**H. Cost of Living**

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<b>i) Estimated Monthly Living Expenses</b>	<table border="1"> <thead> <tr> <th>Breakdown of Costs</th> <th>Cost</th> </tr> </thead> <tbody> <tr> <td>Accommodation</td> <td>SEK 4,000</td> </tr> <tr> <td>Food</td> <td>SEK 2,000</td> </tr> <tr> <td>Transport</td> <td>SEK 600</td> </tr> <tr> <td>Telephone / Internet</td> <td>SEK 300</td> </tr> <tr> <td>Others (Entertainment, clothes etc.)</td> <td>SEK 1,100</td> </tr> <tr> <td><b>Monthly Estimate</b></td> <td><b>SEK 8,000</b></td> </tr> </tbody> </table>		Breakdown of Costs	Cost	Accommodation	SEK 4,000	Food	SEK 2,000	Transport	SEK 600	Telephone / Internet	SEK 300	Others (Entertainment, clothes etc.)	SEK 1,100	<b>Monthly Estimate</b>	<b>SEK 8,000</b>
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<b>I. Useful reference</b>																
<b>Guide for Exchange Students</b>	<a href="https://www.su.se/english/education/exchange-students">https://www.su.se/english/education/exchange-students</a>															

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Note: All information is subjected to change.