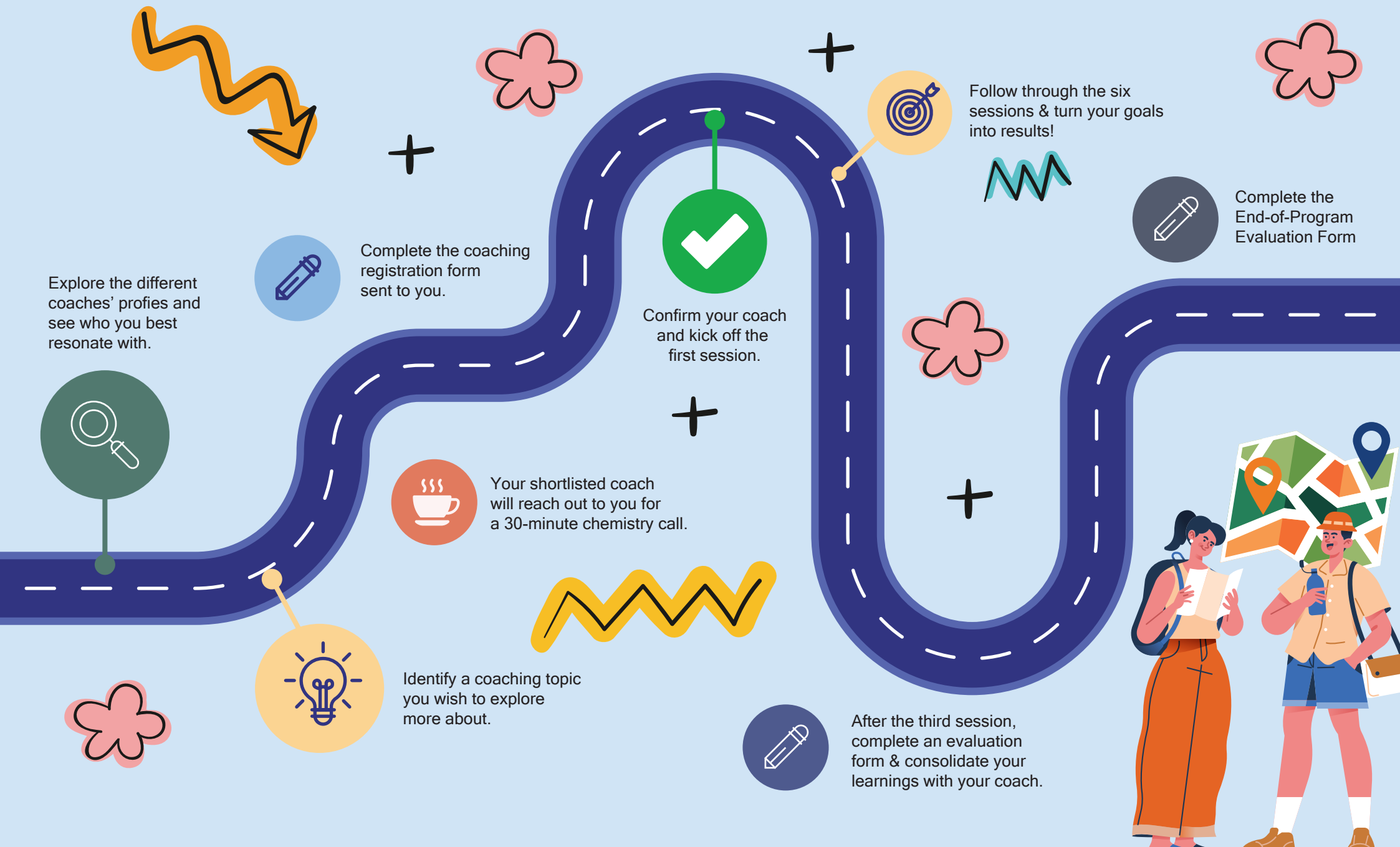


# Curious about the HWB coaching journey? Here's a bite-sized road-map to guide you:



Explore the different coaches' profiles and see who you best resonate with.



Complete the coaching registration form sent to you.



Your shortlisted coach will reach out to you for a 30-minute chemistry call.



Identify a coaching topic you wish to explore more about.

Confirm your coach and kick off the first session.



After the third session, complete an evaluation form & consolidate your learnings with your coach.



Follow through the six sessions & turn your goals into results!



Complete the End-of-Program Evaluation Form

