

New longevity clinic to provide patients 'customised' health plan to slow ageing

A new longevity clinic where the doctor will diagnose a healthy person's biological age and then provide a customised plan to slow ageing is being set up at Alexandra Hospital and is expected to open by early next year.

It will be the first publicly funded outpatient clinic in longevity medicine in Singapore and possibly in the world, Professor Andrea Maier, the co-director of the National University Health System (NUHS) Centre for Healthy Longevity said during the centre's opening on Wednesday.