



PH F&S BLOG



PHolunteers x SCS



In this blog post, you can learn about who are our very own PHolunteers and about their volunteering program with Singapore Children's Society!

Who are PHolunteers?

They are volunteers from PGPH who engage in volunteering activities in the community representing PH.

What is the volunteering program in collaboration with SCS?

PHolunteers will be paired up with a child from SCS (Singapore Children’s Society). They will assist and engage the child and help them with their academic growth. The PHolunteers can stay after the study session to further engage with the children during their free play time.

What do we aim to achieve from this?

We at PH aim to engage PH Residents in Community Service in

Singapore and for the residents to create a long-term engagement with a beneficiary through regular volunteering as opposed to ad-hoc volunteering.

Let’s find out how the first volunteering session was like...

For many of the volunteers, it was very fruitful as they quickly got to bond with the children after the first session itself. Most of them were nervous till the session started but got over it quickly upon meeting the children. Some found

it tiring and very satisfying. The children were filled with energy and they really kept the volunteers on their toes and it certainly taught the volunteers to be patient and be with an open mind and innovative! All of them started to look forward to regular sessions and to bond more with the children in the weeks to come.



What do the PD’S Benjamin and Eunice aim for the project?

The PD’s aim to expand eventually and have different subgroups under PH volunteering, with different beneficiaries like elderly, animals etc...They wish to build this community and culture of volunteers in PGP House by giving back to the society. The key to this is to make it regular volunteering and building relationships with the people we are serving.

What do our PHolunteers have to say about their experience?

The volunteers started feeling more comfortable with the kids after the first session and they started to know more about the kids and effective ways to help them with academics. The kids too remembered the volunteers and were excited to meet them.

Many felt appreciative towards the teachers and parents and felt more thankful towards PH for giving them such an opportunity to serve the community.

There is a sense of fulfilment and enrichment among the volunteers as they started helping the children to learn more and grow. Many did find the session different from the usual community service. One of our volunteers mentioned that this volunteering activity is a constant reminder on a weekly basis to strive towards happiness, not material wealth. The session with the children indeed has taught that children always live in the moment with Joy and happiness every day.

Our PHolunteer Haowen says, “Even if it just 1.5 hours of volunteering, we can relieve the teachers’ workload just a little, and more importantly, help the children with their studies, and occasionally have fun with them through simple games.”

Another volunteer, Peter looks forward to this session every Friday as he says “there is never a dull moment with them”. Raymond has done more than just coaching the children with their studies - he did enjoy by following them to play in the playground!



At Frugality and Sustainability Living team, we are really happy to see such a great response for this meaningful project.!