



# The Pioneer Times

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## Living Green & Smart: FnS at Pioneer House

Welcome to **Frugality & Sustainability (FnS)** at Pioneer House. Through purpose-driven initiatives and frugal innovation, we aim to foster a sustainable community where everyone actively contributes to preserving both the environment and the well-being of the PHamily.

### Meet the Team Behind PH FnS

**Director:** L'kesh

**Vice Director:** Clarence

**Programs:** James, Kaelyn, Felicia, Zhenqi, Xavier, Mingzhang, Indira, Yasmin

**Creatives:** Aurelia, Theo, Seorin, Xin Hui

**Finance:** Yiran, Idris, Sharanya



### A Word from Our FnS Director

Hi! I'm L'kesh, the FnS director in Pioneer House for this AY!

For me personally, frugality is all about using our limited resources wisely to meet our daily needs. It's about making sure we're thoughtful with what we have, especially in a world where everything feels transactional.

Sustainability, on the other hand, is about conserving the environment for future generations. We hear a lot about the heat and how certain species are becoming endangered, and it's easy to overlook the impact of our actions. But think about this: if we don't start making changes now, how much worse will things get in the future? Can you imagine if someone in the future has never seen a Javan Myna in Singapore before? We need to act now, not just for us, but for the generations that will come after us.

This AY, together with my talented subcomm, I'm excited to introduce FnS to our new PHamily members and bring fresh initiatives to engage all of you. We've got some fun and educational events lined up for Sem 1, and we're preparing more surprises for Sem 2. Stay tuned, and get ready to join us in making a meaningful impact at Pioneer House!

### FnS Tip from the IG Leaders

*Whenever your mind feels tangled, spending some time in the garden can help loosen the knots. There's something about digging in the dirt or touching grass that brings a surprising sense of peace and inspiration.*

~ Chong Xern & Liyuan (Gardening IGLs) ~

Stay connected!



📱 | @phfns

### Upcoming FnS Events

- Swap Phest (October)
- Nature Walk (October)



## IG HIGHLIGHTS

### Vertical Farming IG



**From Harvest to Workshop:  
Planting Together, Growing Together!**



The VF IG began the semester with a bountiful harvest, a warm taste of last year's efforts that sparked curiosity among newcomers. That excitement grew at the first workshop, when an industry expert led the session, introducing the VF setup and tools before guiding residents through a fun, hands-on germination activity. "I came in knowing nothing, but now I'm hooked; it feels approachable and fun," shared a newcomer.

Seeds sown that day are already sprouting and soon to be moved to the VF system. As the Exco team reminds us, "Vertical farming isn't just about plants. It flourishes with community support." So, come grow with us every Wednesday, 5-6 PM at the PH garden!

### Gardening IG



**Fresh Greens, Fresh Start: Gardening IG Harvest**



The Gardening IG kicked off the semester with a sweet potato leaf harvest, as residents worked side by side to weed, tidy beds, and gather fresh greens. The garden came alive with chatter, tips, and that "hands in the soil" spirit.

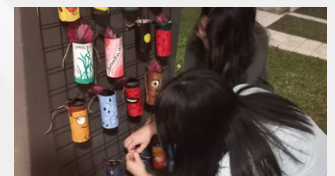
Alongside the harvest came the launch of the Mini Plant Info Series, biweekly posts on Instagram and Telegram with simple, sustainable "try-at-home" tips. "Gardening is simple, doable, even in small spaces," shared the IG leader. Want to be part of it? Follow our socials and join the next garden session. Come learn, dig, and grow with us!



### uPHScycling x Gardening IG



**Upcycling, Painting, Planting: A Living Wall at PH Garden**



Who knew empty drink cans could become a garden? The uPHScycling and Gardening IGs teamed up for the Botanical Ladders Workshop, where residents painted, planted, and hung upcycled cans on a trellis, turning waste into a colorful wall of fresh greens. "It's simple, joyful, and sustainable, even with everyday waste," shared the IG leader. Now brightening the PH garden, the living trellis proves how simple, joyful acts of upcycling can reduce waste, add greenery, and bring the community together.