From the bus stop outside University Health Centre, walk straight, turn left at the junction, followed by turning right.
You will reach the following picture below.
Walk down the stairs and walk straight and turn right once you see the blue sign board (as seen below).
After turning right at the above blue sign board, walk straight, and turn right (as seen below).
Walk towards the stairs and proceed to level 1 (as seen below). Continue walking straight and at the end of the hallway turn left. You will see the Specialist Wing on the left, Wellness Outreach is located inside the Specialist Wing.